

READY....SET....RETIRE!

VOLUME 12, ISSUE 1

JUNE 2016



Summer Picnic

WHEN: Tuesday, August 9, 2016
@ 11:30 a.m.

WHERE: Russ & Marie Reitz Farm,
Gracious Meadows
2549 Lick Run Road
Williamsport, PA 17701

DIRECTIONS: From 180, take the Faxon exit (25) on-
to Northway Road. Travel 5 miles to Lick Run Road
(right turn). Gracious Meadows is the second farm on
right. There will be signs directing you to the pond. A
short business meeting will be conducted during the
picnic.

***PLEASE BRING A DESSERT OR
SALAD (no dressing please, it will be provided)**

**RSVP By calling 570-435-2223 or 570-220-
7875 by August 2nd & let Marie know
what you will be bringing!**



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Upcoming Events:

08/09 Summer Picnic
10/13 Retirees Lunch Meeting @ Perkins



Congratulations New Retirees!



Dennis Shaffer

Retired on 4/1/16 after almost 12 years of service with the County



R. Stephen Tucker

Retired on 4/15/16 after 19 years of service with the County



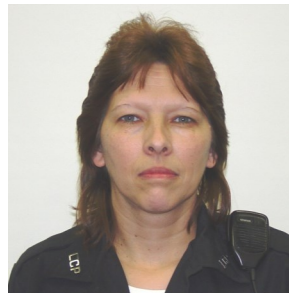
Brian Rockwell

Retired on 5/20/16 after 14 years of service with the County



Richard Knecht

Retired on 06/10/16 after 36 years of service with the County



Joyce Wheeland

Will retire on 7/29/16 after 20 years of service with the County



Rodney Hindel

Will retire on 9/2/16 after 5 years of service with the County

Attention Retirees: *Are you interested in becoming a member of the Lycoming County Retiree Group? The cost to join is \$10. As a member you will receive postcard notices regarding retiree luncheons held every other month as well as special events held by the committee! This is a great way to network with fellow county retirees & enjoy an afternoon out!*

If you would like to join, please make a check payable to "Lycoming County Retirees" & mail directly to:

*Barb Thomas
1045 Rural Avenue
Williamsport, PA 17701*

Meeting Minutes

Lycoming County Retirees HOLIDAY LUNCHEON

Tuesday, December 8, 2015



The Lycoming County Retirees 10th Annual meeting/holiday luncheon was held at the Villa, 2016 East Third Street, Williamsport. There were reservations for 79 members and guests. The weather was not a problem this year as it has been sometimes in the past. Ralph Lukens gave the invocation.

A buffet meal was served. As in the past it was delicious and well prepared for our group. In lieu of a gift exchange or canned goods collection it had been decided previously by the membership that the Cancer Society would be the recipient of our collection.

Several guests were recognized and it was announced there would not be a cost-of-living for Retirees in 2016.

The retirees were extended an invitation by Russ & Marie Reitz to Gracious Meadows for the summer picnic in August, 2016. Watch upcoming newsletter for the date & more details.

Retiree Committee Officers

Alice Bair—Chair
 Jean Stump—Co-Chair
 Barb Thomas—Treasurer
 Esther Crawford Cohick—
 Secretary

*Respectfully Submitted,
 Esther Crawford Cohick*

Lycoming County Retirees Meeting

February 11, 2016



Officers Present: Alice Bair—Chair
Jean Stump—Co-chair
Esther Crawford Cohick—Secretary

Alice Bair-chair called the meeting of the Lycoming County retirees to order after lunch at Perkins @ 11:30 AM. There were 32 members and guests present. Esther Crawford Cohick read the minutes from the previous meeting & Jean Stump made a motion to accept & Richard Wehler seconded. Members present approved as read. There was no Treasurers report as Barb Thomas was not present. Alice stated for anyone wanting to pay their dues today she can take them and forward to Barb Thomas.

Donations were sent to the Cancer Society as well as the Red Cross from the money collected at the Holiday Luncheon.

A meeting regarding researching Bi-Laws was held with Human Resources, the Officers, and Controller's. This meeting was also intended to improve communications when a retiree changes address, telephone number or passes away. It was pointed out that it would be helpful in election of officers looking into going with 2 year term length for all officers except Treasurer because it would become costly with changes at the bank.

A motion was made by Barb Hall and seconded by Ray Holland to meet on Thursdays. We will no longer alternate meeting days; they will now always be Thursdays, members in agreement, so carried. Tony Rampulla made motion and Richard Wehler seconded; Meeting will be 2nd Thursday at 11:30 AM alternating months. It was approved by the members present. The next retirees meeting will be Thursday, April 14, 2016.

Alice informed the group she is researching possibly a 1 day bus trip to Lancaster. You will receive more information as it becomes available.

Scott Thomas made motion to adjourn and Sharon Slacum seconded. All were in agreement.

Respectfully submitted,
Esther Crawford Cohick
Secretary



Lycoming County Retirees Meeting

April 14, 2016



Officers Present: Alice Bair, Chairperson

Barb Thomas, Treasurer

33 members & guests present

Highlight for the day was when the 3 Commissioners (Mussare, McKernan, and Mirabito) stopped in to say hello and circulated around the room and talked to all present.

Barb read Esther Crawford -Cohick's minutes from the February meeting and they were approved (Jerry Walls – 1st and Ralph Lukens – 2nd)

Barb reported \$1,370.86 in the Treasury (Ralph Lukens – 1st and Nancy Toles – 2nd)

Alice reported that the Lancaster trip was not ready and also that we had not heard anything about by-laws from HR. We need to have some procedures in writing to follow, especially for electing new officers, and having term limits, etc.

No other business.

Tom Mahoney, a member of the LCHIP (Lycoming County Health Improvement Program) passed out cards for those who would be interested in taking an on-line survey of Susquehanna Health Care system.

Next meeting – June 9, 2016 – Perkins @ 11:30am

Meeting adjourned (Ray Holland – 1st and Jim Huggins – 2nd)

Barb Thomas,

Acting-Secretary

Lycoming County Retirees Meeting Minutes

June 9, 2016



Officers present: Alice Bair, Chair
 Jean Stump, Co-Chair
 Barbara Thomas—Treasurer
 Esther Crawford Cohick—Secretary

Alice Bair, Chair called the meeting of the Lycoming County Retirees to order after lunch at Perkins @ 11:30 AM. There were 30 members & guests present. Esther Crawford Cohick read the minutes (prepared by acting Secretary, Barbara Thomas, in her absence) from the previous meeting. Russ Reitz made a motion to accept and Jerry Walls seconded (members present approved). Barbara Thomas gave a Treasurers report. There is a balance of \$1,320.86 as \$50.00 was sent to John & Eva Pellegrino (First Community Foundation) in memory of the passing of Eva Pellegrino. Jean Stump made motion to accept & Nancy Toles seconded.

Regarding a member in distress, an update was given by Linda McWilliams on Connie Dewald. She was being moved today to Valley View Nursing Facility for therapy from Hershey Medical Center as she recently underwent heart surgery before she joins her husband Omar at Hillside Assisted Living. She would enjoy visitors. Several cards have been sent to Connie from the retirees.

It was brought to our attention that Mary Henninger (Adult Probation retiree) has recently passed.

An update was given by Alice on a 'Bus Trip'. She is still working on one, possibly to the Amish area.

Ray Holland made a motion to adjourn.

WATCH FOR UPCOMING INFORMATION ON THE EPICINIC AT RUSS & MARIE REITZ'S ON TUESDAY, AUGUST 9, 2016.

Respectfully submitted,

Esther Crawford Cohick

Esther Crawford Cohick
 Secretary

I scream, You scream, We all scream for ice cream!

July is National Ice Cream Month! Here are some interesting facts provided by icecream.com about the yummy treat!



- Vanilla is the #1 flavor in the U.S.
- 87% of Americans have ice cream in their freezer at any given time
- The average number of ice cream pints enjoyed by Americans each year is 48
- California produces the most ice cream in America
- A cow gives enough milk to make 2 gallons of ice cream per day which equals 730 gallons per year!
- It takes 3 gallons of milk to make 1 gallon of ice cream
- About 9% of all milk produced in the U.S. is used to make ice cream
- It takes about 50 licks to finish a single scoop ice cream cone
- The perfect temperature for scooping ice cream is between 6 & 10 degrees
- “Brain Freeze” occurs when ice cream touches the roof of your mouth
- 1 of 10 people admit to licking the bowl clean after eating ice cream
- 1 in 5 people share with their pet :)



Carmel Apple Salad

Submitted by Lauren Bower

Ingredients:

- 6 regular size Snickers Candy Bars
- 4 medium apples, I used Red Delicious
- 1 (5.1 oz.) package Vanilla Instant Pudding, dry, do not prepare
- ½ cup milk
- 1 (16 oz.) tub cool whip, thawed to room temp
- ½ cup caramel ice cream topping

Directions:

1. Whisk vanilla pudding packet, ½ cup milk and cool whip together until well combined.
2. Chop up apples and Snickers into bite size pieces.
3. Stir chopped apples and Snickers into pudding mixture.
4. Place in a large bowl and drizzle with caramel ice cream topping.

Chill for at least 1 hour before serving.



Easy Omelet in a bag

Submitted by Lauren Bower

Ingredients: 2 Large Eggs

Additional ingredients of your choice:

(shredded cheese, onions, mushrooms, ham, cooked bacon or sausage, green peppers, salt, pepper, etc.)

Ziploc sandwich bags

Directions: Crack eggs into sandwich bag. Add additional ingredients to the bag. Make sure air is out of bag before sealing. Bring pot of water to a boil & add sandwich bags to boiling water. Cook for approx. 13 minutes or until egg is cooked through. Remove from water with tongs. Carefully open bag, roll omelet out & Enjoy!!!

You can cook one or several at a time!

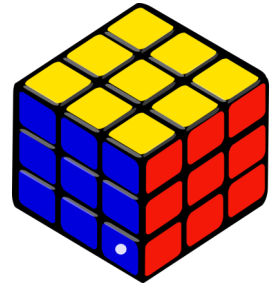
Perfect for camping or when making breakfast for a group!



10 Brainteasers to stretch your brain!

From: www.Forbes.com

1. A man stands on one side of a river, his dog on the other. The man calls his dog, who immediately crosses the river without getting wet and without using a bridge or a boat. How did the dog do it?
2. A sundial has the fewest moving parts of any timepiece. Which has the most?
3. What is unusual about the following words: revive, banana, grammar, voodoo, assess, potato, dresser, uneven?
4. What makes this number unique — 8,549,176,320?
5. Put a coin into an empty bottle and insert a cork into the neck. How can you remove the coin without removing the cork or breaking the bottle?
6. Two boxers are in a match scheduled for 12 rounds. (Pure boxing only – no kicking, UFC takedowns, or anything else). One of the boxers gets knocked out after only six rounds, yet no man throws a punch. How is this possible?
7. In 1990, a person is 15 years old. In 1995, that same person is 10 years old. How can this be?
8. A man takes his car to a hotel. Upon reaching the hotel, he is immediately declared bankrupt. Why?
9. What do these words have in common: polish, job, herb?
10. You're standing in a hallway with three light switches on the wall, each of which turns on a different lamp inside a closed room. You can't see inside the room, and you can't open the door except to enter the room. You can enter the room only once, and when you do, all the lamps must be turned off. How can you tell which switch turns on which lamp?



Answers on the next page...

Brainteaser Answers (from page 9)

1. The river was frozen.
2. An hourglass, with thousands of grains of sand.
3. Take the first letter of each word and place it at the end. It will spell the same word backwards.
4. It contains each number, zero through nine, in alphabetical order.
5. Push the cork down into the bottle. Then shake the coin out.
6. Both boxers are female.
7. The person was born in 2005 B.C.
8. The man is playing Monopoly. He lands on a property with a hotel and doesn't have enough money to pay the rent.
9. All three words are pronounced differently when the first letter is capitalized.
10. Turn on the right switch and leave it on for two minutes. After two minutes, turn on the middle switch and leave it on for one minute. When that minute is up, turn off both switches and enter the room. One light bulb will be hot (1st switch) and one will be warm (2nd switch). The cold bulb will correspond to the switch you didn't turn on.



It is extremely important to keep any changes updated with the County Controller. Bank changes, beneficiary changes, address change, withholding changes, etc. or questions on 1099R's

**Contact the Controllers Office at:
570-327- 2295**



**Stay cool
this summer
& enjoy the
weather!**

**LYCOMING COUNTY
COMMISSIONERS**

R. JACK MCKERNAN
TONY R. MUSSARE
RICHARD MIRABITO

**RETIREE GROUP
OFFICERS**

CHAIR-Alice Bair
570-322-6052

CO-CHAIR-
Jean Stump
570-220-8389

SECRETARY-Esther
Cohick
570-323-6405

TREASURER-Barb
Thomas
570-322-6460

**SEE YOUR
NEWSLETTER IN
COLOR!!!**

go to: www.lyco.org &
click on the link for
"Human Resources"
At the bottom of the
page you will find a link
to the Retiree Page &
Newsletters