The Lycoming Vet

Volume 9, Issue 2

April 2016

A SNEAK PEAK AT WHAT'S INSIDE



2016-2017 Banners

Cane Donation

\$\$ Donation \$\$

Wills for Heroes

New to VA Medical Center

VAMC Wilkes-Barre Toll Free: 1-877-928-2621







DAY: Utilization Management

8:00AM-4:00PM

EXT. *7258

NIGHT: Health Benefits Advisor

4:00PM-8:00AM

EXT. *7140

Did you know?

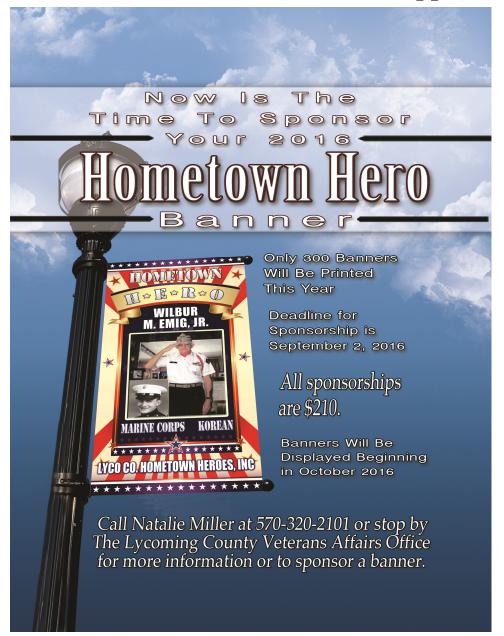
If you were unable to get to your VA
Hospital because of an emergency: you, your
family, friends, or hospital staff need to
contact one of the numbers within **72 hours**of your emergency, so you are better aware
of what services VA may or may not cover.

INSIDE THIS ISSUE:	PAGE
Sneak Peak Of Volume 9, Issue 2	1
Important Number	2
Hometown Hero Banner Applications	3
LGR Donation	4
Cane Donation	5
Wills for Heroes & New VA Call Center	6
American Legions, VFWs, and Other Vet Organizations	7
Your Reps In Washington & Harrisburg	8
News From the County, State, and U.S. VA	9
Your Local VA Clinic, Vet Center, Career Link	10
Contact Information, Holidays	11

PAGE 3

Now Accepting

2016-2017 Hometown Hero Banner Application



Applications can be found online at:

www.lyco.org/Departments/VeteransAffairs/HometownHeroInc.aspx or at the Veterans Affairs Office, 330 Pine Street, Suite 401.

Proceeds from this program goes towards our local Veterans in Lycoming County that are in need of help

2ND DONATION TO THE LYCOMING COUNTY HOMETOWN HEROES, INC.



LGR-Loyal Gaming Rewards LLC

has now made two donations to the organization that helps Lycoming County Veterans and families in need of help. If it would be help with paying an electricity bill or paying for oil to help keep their families warm during the winter time.

Every banner that is sold and hung in the downtown Williamsport Area also helps with this cause. More than half of the money that is made from the banners is used for this same reason. Please remember this when buying a banner, not only are you honoring a family member/co-worker you are also helping our local Veterans and their families that may not be in the best circumstances. We want to help our Veterans get back on their feet and live a better life. Thank you again to LGR for their donations and to all who have purchased a banner over the years.

Pictured above from left to right, Daniel Mausteller of LGR George W. Heiges Jr member of Lycoming County Hometown Heroes, Inc. and of Montgomery Legion Post THE LYCOMING VET PAGE 5

LOCALS HELPING LOCALS



John Good, and 16 year old son Eddie Good, of Williamsport, take time out of their busy lives to honor and help their local veterans. Starting from cutting down a tree on their property, they were going to make some tomato stakes and instead decided to make some one of a kind cedar wood canes. With 60 hours invested in making these canes they decided to help their local veterans and contacted the Veterans Affairs office and donated 16 canes to be given to Veterans in need.



Invitation to All Pennsylvania Military Veterans And First Responders To Obtain FREE ESTATE PLANS



In partnership with the Pennsylvania Bar Association Young Lawyers Division and with sponsorship by the Lycoming Law Association, we are proud to bring the **Wills for Heroes** program to you. **Wills for Heroes** is a *free* and easy service that provides Wills, Living Wills, Health Care and Financial Powers of Attorney to military veterans and first responders and their spouses/partners.

If you die without a Will, Pennsylvania's intestate laws will determine who will receive your property. Undoubtedly, your loved ones' grief will be overwhelming; a clear expression of your intent, desires, and wishes may help ease some of this inevitable burden. While nobody likes to think about an untimely death, it is best that you express your wishes through a written document. For your family's peace of mind, please consider this invaluable opportunity, offered completely free to you and your spouse/partner.

On Saturday, May 7, 2016, volunteer lawyers will be conducting a Wills for Heroes Program for Pennsylvania military veterans and first responders and their spouses or significant others (please note that proof of affiliation or DD214 will be requested at the event). This May 7th event will be held at the Old Lycoming Township Volunteer Fire Company (Station 14), 1600 Dewey Avenue, Williamsport, PA beginning at 11am. Appointments for each person last approximately 1 hour and at the conclusion of it you will have notarized legal documents – a Will, Living Will, and Health Care and Financial Powers of Attorney (or any combination thereof). If you select that you are coming with a spouse/significant other you will have back to back appointments, and the computer will automatically schedule a second appointment. You do not need to schedule a separate appointment. Please schedule your appointment early as this event is sure to fill up fast. ON-LINE REGISTRATION WILL BEGIN ON MONDAY, APRIL 4, 2016.

Appointments must be scheduled online at: www.pabar.org/wfh/
The password is: Lycoming

If you have any questions about this event, please contact Kristine Waltz at kwaltz@dingeswaltz.com. For more information on the program visit the Wills for Heroes Foundation at www.willsforheroes.org.

** If your estate exceeds approximately \$750,000, this service is unavailable to you due to the complexity of your estate and the limited time to complete the legal documents. For determining if your estate is over \$750,000, include your cash, personal property, stock and bonds, real estate equity, savings, cash value of a whole/universal life insurance policy only (not the amount of the insurance policy).

PLEASE MAKE SURE THAT YOU ARE AVAILABLE ON THE WILLS DAY FOR YOUR APPOINTMENT. MANY INDIVIDUALS ARE VOLUNTEERING THEIR TIME FOR THIS PROGRAM. NO-SHOWS ARE STRONGLY DISCOURAGED!!

VA Medical Center Wilkes-Barre Establishes Call Center

Call center is available to assist Veterans, served at the VA Medical Center Wilkes-Barre and its Community Based Outpatient Clinics

Monday-Friday, 7:30am to 4:30pm

1-877-928-2621

AMERICAN LEGIONS, VFW's & OTHER COUNTY VETERAN ORGANIZATIONS



American Legion Post 1-

Garrett Cochran 10 E. 3rd St., Williamsport, PA 17701 Phone: 570-323-9409

American Legion Post 35-

Glenn Sharrow
76 N. Main St., Hughesville, PA 17737
Phone: 570-584-2123

American Legion Post 36 -

George Webster Pepperman P.O. Box 211, Jersey Shore, PA 17740 Phone: 570-398-4174

American Legion Post 104 -

Eugene Grafius 1312 Broad St., Montoursville, PA 17754 Phone: 570-368-9000

American Legion Post 251 -

Bower Decker 185 Broad St., Montgomery, PA 17752 Phone: 570-547-2039

American Legion Post 268 -

Roland Ritter 515 Legion Rd., Muncy, PA 17756 Phone: 570-546-5210

American Legion Post 617 -

Royal P. Steinbacher
901 Market Street, South Williamsport,
PA 17702
Phone: 570-327-0255

American Legion Post 999 -

West Branch Service Post 2985 Four Mile Drive, Apt. 107 Montoursville, PA 17754

Phone: 570-447-1572

Veterans of the Vietnam War - Post PA 51

P.O. Box 23, Hughesville, PA 17737 Phone: 570-547-2814

VFW Post 3428-

Edward J. Smith Post 12 N Market St., Muncy, PA 17756 Phone: 570-546-3820

VFW Post 5859-

Billy O. Brandt Post 201 N. Lincoln Ave., Jersey Shore, PA 17740 Phone: 570-398-2801

VFW Post 7863-

Le Roy O. Buck Post 150 Shaffer St., South Williamsport, PA 17702 Phone: 570-323-1579

VFW POST 844-

Howard W. Kahler Post 1260 West 3rd Street, Williamsport, PA 17701 Phone: 570-326-2752

Forty & Eight Voiture 382

345 Market Street, Williamsport, PA 17701 Phone: 570-322-1670

Susquehanna Valley Chapter 47 of The Disabled American Veterans

P.O. Box 3372, Williamsport, PA 17701 Phone: 570-567-4554

Williamsport Detachment 388 Marine Corp League Inc.

P. O. Box 3245, Williamsport, PA 17701 Phone: 570-323-9900

Korean War Veterans of Lycoming County, Inc.

P. O. Box 3232, Williamsport, PA 17701 Phone: 570-745-3775 (Military Funerals)

THE LYCOMING VET PAGE 8

Your Reps in Washington & Harrisburg



U.S. Representative Thomas Marino— 10th Congressional District

Williamsport District Office 1020 Commerce Park Drive, Suite 1A

Williamsport, PA 17701 Phone: 570-322-3961 Fax: 570-322-3965 Office Hours: M-F 9-5

Website: http://marino.house.gov/



PA State Senator Gene Yaw—Senate District 23

330 Pine Street, Suite 204 One Progress Plaza, Suite 13

Williamsport, PA Towanda, PA 18848
Phone: 570-322-6457 Phone: 570-265-7448
Fax: 570-327-3703 Fax: 570-268-4313

Toll-free: 1-800-443-5772

Website: http://senatorgeneyaw.com/ Email: gyaw@pasen.gov



PA State Representative Garth D. Everett—84th Legislative District

Penn Hills Plaza, Halls Station Tiadaghton Valley Mall 21 Kristi Road, Suite 2 Room 105

Muncy, PA 17756 Jersey Shore, PA 17740 Phone: 570-546-2084 Phone: 570-398-4476 Fax: 570-546-5220 Fax: 570-398-5963

Website: http://www.repeverett.com/ Email: geverett@pahousegop.com



PA State Representative Jeff Wheeland—83rd Legislative District

349 Pine Street Sutie 1 Room 414 Irvis Office Building

Williamsport, PA 17701 P.O. Box 202083

Phone: 570-321-1270 Harrisburg, PA 17120-2083 Fax: 570-327-3719 Phone: 717-787-2885

ax; 5/0-52/-5/19 Phone: /1/-/8/-2/

Office Hours: M-F 8:30-4:30

Website: www.repwheeland.com Email: jwheeland@pahousegop.com

Not sure who your representative is? Find out at:

http://www.legis.state.pa.us/cfdocs/legis/home/findyourlegislator/county

<u>list.cfm?CNTYLIST=LYCOMING</u>

ROM THE LYCOMING COUNTY VA OFFICE:



Would you like to have a VA Benefit Seminar at a Nursing Home, Legion, VFW, or Other Organization? Have George come and speak to the Veterans and Widows about what they could be eligible for through the VA. Call our office at 570-327-2365 to set it up.



I ome Loans? Contact Bob Brown, Sr. Loan Officer at Allentown Mortgage Corp. VA Loan Specialist/ Residential Financing.

Phone: 610-883-7601 or 484-494-6593 Email: bobbrown@worldlynx.net Web: www.allentownmortgage.com

Licensed by the PA Dept. of Banking

ROM THE PENNSYLVANIA DEPT. OF VETERANS AFFAIRS:



re you rated 100% disabled by the VA? Then you may be eligible for real estate tax exemption and free hunting and fishing licenses. Call 570-327-2365 for more information.



If you or anyone you know are interested in being trained for an Honor Guard position please contact the VA office at 570-327-2365.



mportant information to Know when Transitioning from TRICARE Prime to Standard.

- You can still see your same doctor.
- Costs for care will change.
- Your health care prior authorizations are still valid.

Be aware that your out-of-pocket costs for existing care will change from TRICARE Prime copayments to TRICARE Standard (Extra) cost-shares and deductibles on **October 1, 2013**. If you have any other questions or concerns please contact us at 570-327-2365

THE LYCOMING VET PAGE 10

VA Outpatient Clinic



The VA Outpatient Clinic was established July 1997 on the Campus of Divine Providence Hospital in the Wenner Building, 1705 Warren Avenue, Suite 304, Williamsport, PA **Phone:** 570-322-4791 **Fax:** 570-322-5170 Open: Monday—Friday 8:00 a.m. to 4:30 p.m. Scheduled appointments only ~ No Emergency Services/No walk-ins

Services Include: Primary Care, Enrollment/Eligibility forms, Psychiatry, Post Traumatic Stress Disorder (PTSD) Social Services, Counseling, Lab, Nutrition services, and Immunizations.

The VA Clinic has a social worker at the clinic on Tuesday and Thursday. Her name is Chris Veach; please call the clinic at (570) 322-4791 to schedule an appointment.

Vet Center

The Vet Center is located at Suite 104, 49
East Fourth Street, Williamsport, next to the
James V. Brown Library. Phone 327-5281.
All services provided by the Vet Center are
FREE OF CHARGE. These include
readjustment counseling and outreach
services to all veterans who served in any
combat zone. Services are also available for
their family members. These include:

- individual and group counseling: women, spouses, WWII, Korean, Vietnam, OEF/OIF, and other combat veterans.
- group counseling
- marital and family counseling
- bereavement counseling



- substance abuse information and referral
- referral in applying for VA Benefits, job counseling and educational VA benefits
- referral for homeless vets
- military sexual trauma (male and female) counseling & referral
- outreach and community education



The PA Career Link—Lycoming County office is located at 329 Pine Street in Williamsport and is open Monday through Thursday 8:30 a.m. to 4:30 p.m. and from 9:00 a.m. to 4:30 p.m. on Fridays.

Contact: Timothy French E-mail: tifrench@state.pa.us

Phone: 570-601-5934 Online: <u>www.pacareerlink.state.pa.us</u>

County of Lycoming

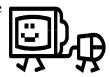
Lycoming County Office of Veterans Affairs

330 Pine Street
Williamsport, PA 17701
Suite 401
Executive Plaza Building
Mailing Address:
48 West Third Street
Williamsport, PA 17701
570-327-2365

County Commissioners
R. Jack McKernan,
Chairman
Tony R. Mussare,
Vice Chairman
Richard Mirabito,
Secretary

Visit Our Web Site: Www.lyco.org/VA

For up-to-date News and Information For Veterans



The Lycoming Vet is published by the Office of Veterans Affairs in Lycoming County, PA

We are here to help you . . .

MSGT George W. Heiges (Ret.) Lycoming County Director of Veterans Affairs

570-327-2365 gheiges@lyco.org

- Fully accredited as a Veterans Service Officer by the Pennsylvania Department of Military and Veterans Affairs
 - Twenty- one years USAF

David A. Keene Assistant Director of Veterans Affairs

570-327-2365 dkeene@lyco.org

- Fully accredited as a Veterans Service Officer by the Pennsylvania Department of Military and Veterans Affairs
 - Four years USMC

To make an appointment, please contact

Natalie Miller at: 570-320-2101

Office Hours

Monday through Friday 8:30 AM – 5:00 PM Monday—Thursday: Scheduled Appointments Only Friday: Walk-Ins 9:00 AM- 4:30 PM

(No Comp or Pension Claims, Info ONLY)

Closed weekends and major holidays.

The Lycoming County VA Office Will Be Closed:

Memorial Day-Monday May 30, 2016

Do you have announcements or information to share???

The Lycoming County Office of Veterans Affairs invites you to submit articles and items of interest to be published in the next edition of *The Lycoming Vet*.

For questions or to make submissions, please contact Natalie Miller at the Veterans Affairs Office.